

# pryd o fwyd

To protect our customers, staff and the wider community, we'll be closing our Ferryside restaurant & café from Monday 23<sup>rd</sup> March.

You can still enjoy delicious food & drink from Pryd – we're now running a takeaway and **free** doorstep delivery service for our customers until it's safe to open the restaurant once again.

## Ready to Cook

Perfectly prepared meals freshly frozen & ready for cooking - with instructions.

### Available 7 days a week

Shepherd's Pie, made with Gower Salt Marsh Lamb  
£8.95

Traditional Beef or Vegetable Lasagne  
£8.95

Welsh Beef Chilli Con Carne, served with Rice  
£8.95

Welsh Beef Bourguignon with Mash & Roasted Veg  
£8.95

Gower Salt Marsh Shank of Lamb with Mash & Roasted Veg  
£9.95

## Hot & Ready to Eat

Freshly cooked meals available hot, straight from our kitchen. Perfect for an evening treat.

### Weds – Sat

Baked Whole Lemon Sole, Buttered New Potatoes, Kale, Prawn & Caper Beurre Noisette - £11.95

Pea & Broad Bean Shakshuka, Cayenne Yoghurt, Homemade Flatbreads - £11.95

Pan Roasted Fishguard Chicken, Fondant Potato, Rich Provençal with Olives & Artichokes - £11.95

Pan Fried Fillet of Seabass, Crushed Horseradish Potatoes, Sprouting Broccoli, Lemon & Chive Butter Sauce - £11.95

Pryd's Vegan Superbowl – Quinoa, Hummus, Kale, Baby Beets, Broad Beans, Avocado, Sunflower Seeds - £11.95

Beer Battered Cod, Triple Cooked Hand Cut Chips, Pea Puree, Tartare Sauce - £9.95

### Sundays

Rosemary & Mint Crusted Leg of Gower Salt Marsh Lamb,

Roast Sirloin of Welsh Beef

Vegetable Wellington

All Sunday roasts served with Yorkshire Pudding, Garlic & Thyme Roasted Potatoes. Cauliflower Cheese, Braised Red Cabbage, Honey Roasted Parsnips, Puree of Carrot & Swede, Broccoli

## Desserts

Homemade Chocolate Brownie  
£3.00

Peanut Butter Cheesecake  
£3.00

## Drinks

Sauvignon Blanc, 750ml  
£10.95

St Marc Merlot, 750ml  
£10.95

Cote de Rhone Reserve, 750ml  
£13.95

Zinfandel Rose, 750ml  
£12.95

La Condessa Spumante, 750ml  
£13.95

Amstel, Corona, 330ml  
£2.50

Orchard Gold Cider, Hammerstone IPA, Black Stag, 500ml  
£3.50

Free delivery to addresses within 3 miles of Ferryside - or pick up from the restaurant.

## How to Order

Order via our website at [www.pryd.co.uk/at-home](http://www.pryd.co.uk/at-home) or call **01267 240 411**

Payment can be made via credit card or cash on delivery/collection

### Delivery times

#### Ready to Cook

4 - 5pm each day

#### Hot Food

Weds – Sat: 6.30 - 7.30pm

Sunday: 12.30 - 1.30pm

We ask for a £20 minimum order for free delivery. Please order at least 2 hours before your preferred delivery slot

Please take care of yourselves during this challenging time and we look forward to seeing you safe & well very soon.